

Pastoral Team

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Companis Staff: Gary Davis, Executive Director; Karen Hundrieser, Associate Executive Director; Phil Mervin, Office Manager & Companis Worker; Abid Bhatti, Business & Administrative Director; Peter Jabin, Worker Support Program Manager; and Craig R. J. Darling, President Emeritus

Current Companis Workers: Molly Angel, Debbie Aylott, Lee Campbell, Judith Card, Raymond Chan DDS, Shea Deines, Susan Dohrmann, Jennifer Eaglespeaker, Catherine Fales, Ashley Fontaine, Patrick Green, Janet Hasselblad, Martha Hopler, Cynthia Hunter, Cherry Johnson, Muriel Jones MD, Jon Klapel, Vasumathi Lakshmanen, Chris Langelier, Kurt Larson, Phil Mervin, Merry Nye, Joan E. O'Brien, Betty Reid, Greg Scully, Tess Selim*, Peter Shafer, Shirley Shafer, Chitra Subramanian, Heidi Toppel*, Donna Whitford, and KC Young. *denotes more than one current placement.

Submit articles or event information for announcements by Tuesday at 4:00pm to editor@seattlefirstbaptist.org. Articles for the monthly newsletter, the Spire, by the 20th of the month.



Seattle First Baptist Church

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Seattle, WA 98122
206.325.6051
www.SeattleFirstBaptist.org



Companis Sunday

Sunday, September 29, 2019

11:00 a.m.

Companis

Please respect those gathering in prayer before worship.

Children are always welcome in Worship.

Children are always welcome in our sanctuary. We offer a Worship Adventure Book with activities and coloring pages related to today's worship. We also provide a professionally-staffed nursery on the lower level. Ask an usher if you need assistance.

For families who prefer to worship together in a more informal setting, the service may be seen and heard in the Wiggle Room (aka Brawley Room) adjacent to the sanctuary.

Children (5th grade and below) who would like to attend Sunday School may join our Godly Play group following the Time with Children.

Please take a moment to turn your cell phone ringer off. Thank you!



We Are Better Together Than We Are Alone



Prelude	<i>Pastorale</i> <i>L.J.A. Lefébure -Wely (1817-1869)</i>	David Horton, organ
Gathering Us In		Peter Jabin
How to Build Community		Peter Jabin
One: Look up when you are walking		
All: Greet people		
One: Sit on your stoop		
All: Plant flowers		
One: Use your library		
All: Play together		
One: Buy from local merchants		
All: Share what you have		
One: Help a lost dog		
All: Take children to the park		
*Hymn	<i>O for a World</i>	#575
*Welcoming One Another		Peter Jabin
Time With the Children		Lee Campbell
	<i>Children grades Kindergarten to 5th may leave for Godly Play.</i>	

***If it is comfortable for you, please stand where indicated.**

What's Happening?

The Green New Deal is a Resolution in Congress, not yet a Bill. If we can implement it, we can slow global warming. Come to the meeting on **Tuesday, October 1st; at 5:30 p m,** at the Spring Street Center, 1101 15th Ave., Seattle, WA. Let's Fight for a GREEN New Deal!

TODAY IS THE LAST SIGN-UP DAY to host A Place at the Table Dinner. These potluck dinners in people's homes take place on Saturday, October 5th. Reports are these dinners are great fun and a good way to get to know more people. Stop by the Welcome Table to sign up or to find out more information. Everyone is welcome! For any questions call Joan Benner at 206-462-9166.

Family, friends, colleagues and playmates are invited to join in a Celebration of Life Service for **Patricia Doheny** on Sunday, October 6th, 2:00 pm, Fellowship Hall.

Young Adult Bible Study on Sundays in October - November

Apocalypse ...What? from the Book of Revelation

1:00-2:30pm at the Optimism Brewing Company - contact Anita@seattlefirstbaptist.org for more information.

Where in Seattle is Pastor Anita? Tuesday, October 8th 4:00pm - 6:00pm. Tougo Coffee Co, 1410 18th Ave. Seattle, WA - She will be looking for you!

October 11-12, 2019 Evergreen Association of American Baptist Churches Annual Meeting Mt. Zion Baptist Church, 1634 19th Ave. Seattle, WA 98122 - Guest Preacher: Rev. Dr. Priscilla Eppinger, Executive Director, Amer. Baptist Historical Society *Free the Captives* - Luke 4:18

Duwamish Tribe Gala & Native Art Auction Fri. Oct. 11, 12-3pm at Miners Landing, Pier 57, Seattle, WA. To purchase tickets go to Brown Paper Tickets. www.duwamishtribe.org/events

Strike Down Barriers to Health Care - Seattle First Baptist Church is proud to sponsor Project Access Northwest's Strike Down Barriers bowling fundraiser on **October 15th**. This event supports the organization's vision of providing low-income families access to medical and dental care so they can live healthier and more productive lives. *You can boost our support* for this impactful organization by purchasing a ticket and attending the event. Join our team, community partners and business professionals on **Tuesday, October 15, 5:30pm - 8:30pm at Garage in Capitol Hill**. You can bowl, play pool, network, visit with friends and learn more about the important work that Project Access Northwest is doing to transform access to health care in Washington. Tickets are on sale now: <https://bit.ly/2ZmFHjb>

Storytelling Workshop & Slam coming in October and November!

October 20th at 1:00pm & November 3rd at 12:45pm. Sign up at the Welcome table or the Office. It's going to be fun!

Women's Retreat - "The Thing with Feathers" October 25-27 at Rainbow Lodge

Register now at the Welcome Table or the Front Office. Pick up a registration form in the Office or at Welcome table.

Sunday, October 28 Family Halloween Party

12:00pm in the Gym - Includes Bouncy house, Ball Pit for Toddlers, Food, Cookie Decorating, Photo Booth. Come dressed in Costume! See you there!

Coming in November!

Contemplative Spirituality and Practice Group Series presents *Tending the Habitat of the Heart* with **Rev. Harriet Platts**. Begins **Wednesday, November 6th, 10-12am** in the Chapel. More info available at the Welcome Table, or contact Harriet at seeker@seanet.com.

Visit us online at www.seattlefirstbaptist.org for up-to-date information.

You Are the Seed

Cesàreo Gabaràin



1. You are the seed that will grow a new sprout; you're a star that will shine through the
 2. You are the dawn that will bring a new day; you're the wheat that will bear gold - en
 3. You are the flame that will brighten the way, send - ing spar - kles of hope, faith, and
 4. You are the life that will nur - ture the plant; you're the waves in a tur - bu - lent



day; You are the yeast and a small grain of salt, a bea - con to glow in the
 grain; You are a sting and a soft, gen - tle touch, my wit - ness - es wher - e'er you
 love; you are the shep - herds to lead the whole world through val - leys and pas - tures of
 sea; yes - ter - day's yeast is be - gin - ning to rise, a new loaf of bread it will



night. Go, my friends, go to the world, pro - claim - ing love to all,
 go. Be, my friends, a loy - al wit - ness, from the dead I a - rose;
 peace. Be, my friends, a loy - al wit - ness, from the dead I a - rose;
 yield. Go, my friends, go to the world, pro - claim - ing love to all,



mes - sen - gers of my for - giv - ing peace, e - ter - nal love.
 "Lo I'll be with you for - ev - er, till the end of the world."
 "Lo I'll be with you for - ev - er, till the end of the world."
 mes - sen - gers of my for - giv - ing peace, e - ter - nal love.

How to Build Community (cont.)

Peter Jabin

One: Garden together

All: Support neighborhood schools

One: Fix it even if you didn't break it

All: Have potlucks

One: Honor elders

All: Pick up litter

One: Read stories aloud

All: Dance in the street

One: Talk to the mail carrier

All: Listen to the birds

Invitation to Prayer

Peter Jabin

*Prayer Song

Guide My Feet

see Page 4

Prayer

Peter Jabin

Scripture Reading

Karen Hundrieser

Psalms 133:1 (NIV)

1 How good and pleasant it is
 when God's people live together in unity!

Romans 12:4-6 The Message

4-6 In this way we are like the various parts of a human body. Each part gets its meaning from the body as a whole, not the other way around. The body we're talking about is Christ's body.... Each of us finds our meaning and function as a part of his body. But as a chopped-off finger or cut-off toe we wouldn't amount to much, would we? So since we find ourselves fashioned into all these excellently formed and marvelously functioning parts in Christ's body, let's just go ahead and be what we were made to be, without enviously or pridefully comparing ourselves with each other, or trying to be something we aren't.

Message

Peter Shafer

Call to Giving & Invitation to Involvement

Karen Hundrieser

Offertory Song (remain seated)

Take My Gifts

#562

How to Build Community (cont.)

Peter Jabin

One: Put up a swing

All: Help carry something heavy

One: Barter for your goods

All: Start a tradition

One: Ask a question

All: Hire young people for odd jobs

One: Organize a block party

All: Bake extra and share

One: Ask for help when you need it

All: Open your shades

Testimony		Jenn Eaglespeaker
Anthem	<i>Make Me An Instrument</i> - Craig Courtney	SFBC Choir
Milestones	Past and Future	Gary Davis
How to Build Community (cont.)		Peter Jabin

One: Sing together
All: Share your skills
One: Take back the night
All: Turn up the music
One: Turn down the music
All: Listen before you react to anger
One: Mediate a conflict
All: Seek to understand
One: Learn from new and uncomfortable angles
All: Know that no one is silent though many are not heard - work to change this

***Hymn** *You Are the Seed* see page 5
***Sending Us Out** Peter Jabin

Postlude *Prelude and Fugue in G Major* by J.S. Bach (1685-1750)
While many choose to sit for the Postlude, please join us downstairs in Fellowship Hall for coffee and conversation.



Notes for Today's Worship: Flowers today are given in loving memory of **Barbara Bell**. Barbara will be missed but not forgotten. We will celebrate her life today at 2:00pm in the Sanctuary.

TODAY
12:30 p.m. Friendship Circle in Fridell
2:00 p.m. Memorial Service for **Barbara Bell** in the Sanctuary.

Are you registered? Is your ballot address up to date? Volunteers from the **League of Women Voters** will be here to ensure that you can vote in the up coming local, party primary and general election. Teens 16 and 17 years old may pre-register. Being disabled, homeless or a former felon is also no barrier. For this and other voter information, visit the LWV table in the Fellowship Hall at the social hour following the 11 AM service.

Next Sunday, October 6 World Communion Sunday
9:30 a.m. Adult Education *War and the Peacemakers* - Parlor - Pat Kile, one of the authors of our church history, will present the remarkable stories of several of our church's peacemakers.
10:15 a.m. Family Fellowship Breakfast in Youth Lounge, 3rd Floor
11:00 a.m. Sunday Worship with **Samuel Kim**, pastor of Japanese Baptist Church preaching
12:00 p.m. Voter Registration with League of Women Voters
2:00 p.m. Memorial service for **Patricia Doheny** in Fellowship Hall.
6:00 p.m. Seattle Jazz Vespers 18th season begins with the *Eugenie Jones Quartet*

Monday, October 7 6:30pm First Hill Meaningful Movie presents *Paris to Pittsburgh* at the **St. James Cathedral Pastoral Outreach Center** at 907 Columbia St. Doors open at 6pm, with light refreshments. Film begins at 6:30pm, discussion to follow.

Guide My Feet

African American Trad.
arr. Luedcke

Swing G C7

1. Guide my feet while I run this race, Guide my feet while I run this
2. Hold my hand Hold my hand
3. I'm your child I'm your child
4. Stand by me Stand by me

8 G B7 Em C

race. Guide my feet while I run this race, For I
Hold my hand
I'm your child
Stand by me

13 G A7 D7 G C7 G

don't want to run this race in vain.