

Pastoral Team

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Chef Rick Hansen rjhansen999@outlook.com

Companis Staff: Gary Davis, Executive Director; Karen Hundrieser, Associate Executive Director; Phil Mervin, Office Manager & Companis Worker; Abid Bhatti, Business & Administrative Director; Peter Jabin, Worker Support Program Manager; and Craig R.J. Darling, President Emeritus.

Current Companis Workers: Molly Angel, Debbie Aylott, Lee Campbell, Judith Card, Raymond Chan DDS, Shea Deines, Susan Dohrmann, Jennifer EagleSpeaker, Catherine Fales, Ashley Fontaine, Patrick Green, Martha Hopley, Mary Hsu, Cynthia Hunter, Cherry Johnson, Muriel Jones MD, Mara Kage, Jon Klapel, Vasumathi Lakshmanen, Chris Langeler, Kurt Larson, Phil Mervin, Merry Nye, Joan E. O'Brien, Timothy O'Brien, Greg Scully, Tess Selim*, Peter Shafer, Shirley Shafer, Colin Stephens, Chitra Subramanian, Heidi Toppel*, Rob Tyrell, Donna Whitford*, and KC Young. **denotes more than one current placement*

Submit articles or event information for announcements by Tuesday at 4:00pm to editor@seattlefirstbaptist.org. Articles for the monthly newsletter, the Spire, by the 20th of the month.



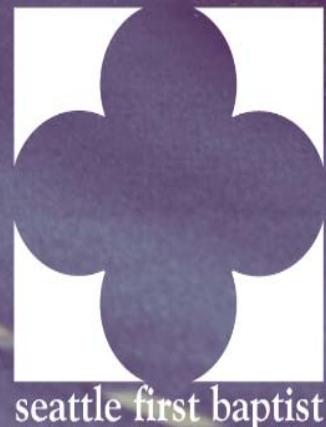
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Lent I

TURNING
toward...

Lent with the Psalms
February 26 - April 12



Puerto Rico urgently Needs our Support!

The daily struggle in Puerto Rico since Hurrican Maria is astounding. Some recent statistics provide a snapshot of what Puerto Ricans are facing:

- 70,000 homes were destroyed.
- 250,000 homes have partial damage.
- 48 American Baptist churches were damaged
- Approximately 30,000 people are without jobs
- Approximately 50% of the houses are not covered by insurance

Unbelievably, there are tens of thousands of homes in Puerto Rico still covered by blue tarps. In addition, that means tens of thousands of our brothers and sisters live day-to-day with leaky roofs and buckets in their living rooms to catch the rain, always worrying about the next cloudy day or pending tropical storms.



American Baptist Home Mission Societies (ABHMS) is currently providing funds for repairing roofs in Puerto Rico.

“Life was hard before (the roof was fixed); we were saving and trying to make it, but it was hard ... The house kept getting wet with every rain.” -- *Magaly Figueroa*

“My life is so much happier now. I don’t have to keep putting towels and buckets on the floor if it rains ... I can finally sleep in peace.” -- *Mary Luz Jimenez*

Your gifts to America for Christ support ABHMS funds for repairing homes and Volunteer-mobilization Ministries teams.

THE AMERICA FOR CHRIST OFFERING WILL BE RECEIVED ON SUNDAY, MARCH 15th

Lent Young Adult Bible Study

Sundays 1:00- 2:30
March 1 -April 5
Optimism Brewing, Capitol Hill

We will be exploring the parables, using Dr. Amy-Jill Levine's book *Short Stories By Jesus*.

ALL are welcome.

contact Pastor Anita at anita@seattlefirstbaptist.org for more info.

Short Stories by Jesus

Prodigal Son

GOOD SAMARITAN

Pearl of Great Price

The Leaven

• RICH MAN •
& • LAZARUS •

~ The 5
Mustard
Seed
....

Pharisee and the
Tax Collector

Tenacious Widow

• the Tenants •
in the Vineyard

March is International Women's Month

Next Sunday, March 8 Lent II. *Turning Toward God (eyes)*

9:30am Adult Education - March Bible Study will be led by Dr. Leticia Guardiola-Sáenz, Associate Professor of New Testament/Christian Scriptures at the School of Theology and Ministry at Seattle University **Please read the bible text before each session**, John 3.1-17, The story of Nicodemus.

9:30am Contemplative Practice - Fridell Hall - Join us during this Lenten season in consenting to God's presence with an introduction to Centering Prayer.

11:00am Sunday Worship with **Pastor Tim Phillips** Lectionary Psalm: Psalm 121, *"I lift up my eyes to the hills."*

12:00pm Heritage Room open

12:30pm **Appreciation Luncheon for Kellie Whitlock** in Fellowship Hall

12:15pm Community Nurse Office Hours

12:30pm Outreach Commission Meeting in Whitman, #205

12:30pm SFBC Choir Cabinet Meeting in Peacemaker

1:00pm Lent Young Adult Bible Study at Optimum Brewing, Capitol Hill

Guests can signup today, Sunday, March 1st at the Welcome Table - Place at the Table Dinners Start up Again Saturdays, March 7, May 30, and Homecoming September 12! For the last couple years, we have invited our community to join each other for fun and friendly potluck dinners in some of our community members' homes. **We are kicking off our 2020 dinners on Saturday, March 7.** GUESTS are able to pick their location and sign up on **March 1.** Choose a host you know well or someone you don't know at all. No matter what, past reports are you'll have a wonderful time. Let the good times roll! Call **Joan Benner** with any questions: 206-462-9166.

Standing in the Need of Prayer? Who isn't? Come to the one-day Lenten Retreat on Saturday, March 14th from 10am-4pm. Cherry Johnson will lead us in exploring a number of varied prayer practices, and we'll have a lot of fun doing it! **PLEASE REGISTER AS SOON AS POSSIBLE AT THE WELCOME TABLE OR THE OFFICE.** \$50 or pay-what-you-can.

Needed: Scarves and Shawls for Lenten Retreat Donate by Wednesday, March 11. Cherry Johnson needs long scarves or shawls for the Lenten Retreat. (*We're talking long lightweight scarf, not the kind you wear in a snowstorm, and not a kerchief*). If you have some you've been thinking of giving to Goodwill, please bring them to church and drop them at the Welcome Table or Office by Wednesday, March 11. Great will be your reward in heaven!

SAVE the DATE!

Please join **The Ernest Becker Foundation** as we honor our founder, **Dr. Neil Elgee** April 4th, 2020, 4:00 PM to 7:00 PM at Seattle First Baptist Church

Shalom Habibi Night of Comedy Saturday, April 18, at 7 p.m. in the SFBC Sanctuary Bet Alef Meditative Synagogue invites everyone from SFBC to join in for a night of festive fun and hilarity with the comedic genius of Shalom Habibi - a Jewish-Muslim comedic collaboration that's building bridges through humor. A portion of the ticket sales will go to benefit HIAS (a Jewish organization that works with immigrants and refugees) as well as IRUSA (Yemen food relief, to bring support to the people of this war-torn country). Tickets are \$25 in advance and \$35 at the door.

To purchase tickets in advance, go to <https://betaleflearninginstitute.ticketspice.com/shalom-habibi-comedy-tour>.

Children are always welcome in Worship.

Children are always welcome in our sanctuary. We offer a Worship Adventure Book with activities and coloring pages related to today's worship. We also provide a professionally-staffed nursery on the lower level. Ask an usher if you need assistance.

For families who prefer to worship together in a more informal setting, the service may be seen and heard in the Wiggle Room (aka Brawley Room) adjacent to the sanctuary.

Children (5th grade and below) who would like to attend Sunday School may join our Godly Play Sunday School following the Time with Children.

Please take a moment to turn your cell phone ringer off. Thank you!



Estranged from soul we neither laugh nor cry, we neither savor nor save the world.
Rebecca Ann Parker

Prelude *Rhosymedre "My Song is Love Unknown"* David Horton, organ
by R. Vaughan Williams

Lenten Cantic

To You, O Lord

Marty Haugen

Refrain: 1st time cantor only



Gathering from Psalm 24

Tim Phillips

Adapted by Barbara Gibson

One: The earth is one and all that is in it:

ALL: the world and those how live on it.

One: For the earth rests on the great oceans

ALL: and the water of life flows in every river and stream.

One: Who shall ascend the holy hills?

ALL: And who shall stand in the sacred forest?

One: All who have clean hands and pure hearts,

ALL: who do not worship the marketplace or the bank,

One: who do not give their souls to profit and war, (please continue to next page)

ALL: and who refuse to believe the social lies.

One: All will receive the blessings of the earth

ALL: as long as they seek the truth with every breath.

One: Such is the company of those who honor the earth,

ALL: who honor the sacred face of creation.

***Hymn** *For the Beauty of the Earth* #28

Welcoming One Another Anita Peebles

A Time with Children

Children in kindergarten to 5th grade may leave for Godly Play.

Invitations to Involvement Cherry Johnson

Call to Giving

Offertory *Meditation on Emendeus in melisu* setting by K. Lowenberg

Invitation to Prayer Anita Peebles

Prayer Hymn *Prayer Is the Soul's Sincere Desire* #508

Prayer

Anthem *Seek Ye First* - arr. David Angerman The Sanctuary Choir

Lesson: Matthew 4.1-11

Tim Phillips

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil.

2He fasted forty days and forty nights, and afterwards he was famished. 3The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." 4But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" 5Then the devil took him to the holy city and placed him on the pinnacle of the temple, 6saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" 7Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" 8Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; 9and he said to him, "All these I will give you, if you will fall down and worship me." 10Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" 11Then the devil left him, and suddenly angels came and waited on him.

Sermon **Soul Force** Tim Phillips

Communion Anita Peebles & Tim Phillips

Communion is open to all who wish to participate. We serve gluten-free bread and grape juice.

As you are served, please hold each element until all are served so we can eat and drink together.

Fellowship Fund Ruth Fossett

Please use the envelopes provided for the Fellowship Fund Offering

Offertory *Aus tiefer Not schrei ich zu dir "Out of the depths I cry, Lord, to Thee"*
attrib. C. Geist

***Closing Hymn** *We Shall Overcome*

The hymn is introduced with words by Howard Thurman:

I seek the purification of my own heart, the purging of my own motives; I seek the strength to withstand the logic of bitterness, the terrible divisiveness of hate, the demonic triumph of the conquest of others ... I seek the strength to overcome evil.

***Blessing**

Postlude *Lenten Recessional on "Llangloffan"* setting F.D. Ashdown David Horton

While it is our tradition to sit for the postlude, you are invited to leave as you wish. Please do join us downstairs in Fellowship Hall for coffee and conversation.

If you are new to us, please visit the Welcome Table.



Notes for Today's Worship: The opening lines are from theologian and pastor, Rebecca Ann Parker, in her "Soul Music" included in the collection of her articles, *Blessing the World: What Can Save Us Now* (2006). The Gathering is from Barbara Gibson's earth-centered adaptation of the *Psalms, Psalms for Troubled Times* (2003). "*For the Beauty of the Earth*," is one of eleven Heritage Hymns this congregation sings regularly as an expression of its values and vision.

TODAY

12:00pm Heritage Room open

12:15pm Community Nurse Office Hours

6:00pm Seattle Jazz Vespers featuring the **Randy Oxford Blues Band** in the Sanctuary w/special guest Rafael Tranquilino.

March 4th Wednesday Night Dinner & Program Book Study of *White Fragility* by Robin DiAngelo at 6:45 p.m. - 8:00 p.m. in the Parlor - Pastor Patricia, Karen Carlos and Theresa Pruett will lead the sessions March 4 thru April 8, **Please read Chapters 1 and 2** in preparation for the first conversation. Several copies of the book are available in the Office. Questions? Ask Pastor Patricia.

Volunteers Needed for Trinity Thrift Shop

If you have a couple of hours a month that you can offer, please contact the manager Grita Pollock (206-363-2876 or email gritaroy@yahoo.com) or Rod Shutt (206-491-9513 or email searod@gmail.com). SFBC participation is critical for the continued success of this ministry.

Saturday, March 7th Place at the Table dinners - offsite